

The publisher of *Perinatology* follows the American Medical Association (AMA) Manual of Style. The publisher requires that the manuscript (MS) be formatted and submitted along with legal documents as specified herein. Authors are expected to apply these basic instructions while preparing and submitting the MS.

Guidelines for Manuscript Preparation

FRONT MATTER

Titles and subtitles

Titles should be short, concise, specific, informative, and unique. A title should not be a complete/affirmative sentence.

Author byline

Provide full names of all authors. It is mandatory to expand initials.

Correspondence

The corresponding author will receive all communications and is responsible for resolving all queries pertaining to the MS.

The corresponding author should be indicated with an asterisk (in the author byline). The correspondence details should contain the author's designation and department; full name of organization/institute; complete postal address including pin/zip code; author's valid and active e-mail address; and phone and fax numbers.

Abstract

Abstracts are mandatory for articles in the categories of research, review, and case studies.

For research and review articles, an abstract should summarize the main points of an article and should not exceed 200 words. The text should be structured under the headings: (1) background and aim, (2) materials and methods, (3) results, and (4) conclusion.

For case studies, an abstract should summarize the diagnosis, treatment, and results in an unstructured format and should not exceed 200 words.

Key words

Key words are descriptors representing the key topics presented in the article. An article should have 6 to 10 key words.

BODY TEXT

Introduction

The introduction should provide the objective of the study and state the hypothesis or research question, how and why the hypothesis was developed, and why it is important. Introduction should not contain extensive literature survey.

Materials and methods

This section should include a description of

- Study design or type of analysis and period of study
- Conditions, factors, or disease studied
- Details of sample (eg, study participant and the setting from which they were drawn)
- Intervention(s)
- Outcome measures
- Statistical analysis

Results

The results should be specific and relevant to the research hypothesis. This section should contain minimal text and data represented as tables and figures.

Discussion

This section should be a formal consideration and critical examination of the study. The results should be considered in this section in relevance with other similar studies.

Conclusion

This section should summarize the consensus statement. It may include benefits and limitations of the study. The type of future studies required, if appropriate, should be mentioned here.

Tables and figures

- Cite all tables/figures in the text in sequential order
- Provide appropriate Table/Figure captions
- Mention SI units for all parameters presented

GENERAL STYLE POINTS

- Use US English spellings; refer Merriam-Webster's online dictionary for spellings
- Italicize genus and species names
- Use SI units for all units of measure
- For materials procured from manufacturers, provide full name of the company and location (city, state, country)
- Provide dosage forms for all medications used in the study and at all instances mentioned
- Use the date format Month Day, Year

Abbreviations

- Spell-out abbreviations at their first mention in the text
- Do not use abbreviations in titles and headings
- Use uppercase letters without periods for acronyms such as CHF, GFR, and WBC and also for routes of administration and dosage schedules such as PO, IV, BID, and TID
- Use abbreviations consistently, that is, mention the term or phrase at the first instance followed by the abbreviation in parentheses; use only the abbreviation thereafter

BACK MATTER

Acknowledgment

Only those who have made substantial contributions to the study and/or preparation of the MS should be acknowledged. Details of financial grants (including grant numbers), financial disclosures, conflict of interest, role of sponsor, and disclaimers should be included here. This section should be as brief as possible.

References

References should be cited to support arguments and lay the foundation for theses and as sources of information.

- Follow Vancouver style of referencing (numbered references)
- Cite all references in text, tables, and figures in numerical order using superscript Arabic numerals
- If a reference contains up to 3 authors in the author group, mention all names; if a reference contains more than 3 authors in the author group, mention only the first author's name followed by ", et al" in the reference list

Journal in print

Knobel RB, Wimmer JE Jr, Holbert D. Heat loss prevention for preterm infants in the delivery room. *J Perinatol*. 2005;25(5):304–308.

Huurte A, et al. Mode of delivery – effects on gut microbiota and humoral immunity. *Neonatology*. 2008;93(4):236–240.

Books

Aronoff GR, et al. *Drug Prescribing in Renal Failure*. Vol 1. 4th ed. Philadelphia, PA: American College of Physicians; 1999:39.

Dukes MNG, Aronson JK, eds. *Meyler's Side Effects of Drugs*. 14th ed. Amsterdam, The Netherlands: Elsevier; 2000:xvi–xvii.

Glinioer D. Thyroid disease during pregnancy. In: Braverman LE, ed. *Werner and Ingbar's the Thyroid: A Fundamental and Clinical Text*. 8th ed. Philadelphia, PA: Lippincott Williams & Wilkins; 2000:1013–1027.

Online journal

Perneger TV, et al. Randomized trial of heroin maintenance programme for adults who fail in conventional drug treatments. *TBMJT* [serial online]. 1998;317:20–24. <http://www.bmj.com/cgi/content/full/317/7150/13>. Accessed March 4, 2003.

Online book

Rennie D, Guyatt G, eds. *Users' Guides to the Medical Literature: A Manual for Evidence-Based Clinical Practice*. Chicago, IL: AMA Press; 2002. <http://www.usersguides.org/textbooks.asp>. Accessed February 26, 2004.

Unpublished material

If an article has been submitted for publication but has not yet been accepted, do not include it in the reference list. Cite this material in the text as "unpublished data" along with its date of submission.

Example: These findings have recently been corroborated (Mariman, unpublished data, November 2014).

Online publication ahead of print

If an article was published online ahead of print,

- Mention the date it was published online, along with the digital object identifier (DOI)
 - Bott A. Infectious diseases. *Pocket Med*. October 20, 2005 (doi: 10.1001/JAMA.294.20.joc50147).
- Use "[Epub ahead of print]" when the DOI is unavailable
 - Bott A. Infectious diseases. *Pocket Med*. October 20, 2005 [Epub ahead of print].

Material accepted for publication but not yet published

Carrau RL, et al. The impact of laryngopharyngeal reflux on patient-reported quality of life. *Laryngoscope*. In press.

Ofri D. *Incidental Findings: Lessons From My Patients in the Art of Medicine*. Boston, MA: Beacon Press. In press.

Web sites

International Society for Infectious Diseases. <http://www.promedmail.org>. Accessed April 29, 2004.

Sullivan D. Major search engines and directories. <http://www.searchenginewatch.com/links/article.php/2156221>. Updated April 28, 2004. Accessed December 6, 2005.

Poster/paper presentation

Oge T, et al. Mosaic Turner case with 45,X/47,XXX chromosome pattern. Poster presented at: The World Congress on Building Consensus in Gynecology, Infertility and Perinatology; May 3–6, 2012; Barcelona, Spain. http://www.bcgip.com/2012/group_B.aspx. Accessed June 19, 2014.

Government or agency bulletins

Centers for Disease Control and Prevention. *Sexually Transmitted Disease Surveillance, 2000*. Atlanta, GA: Centers for Disease Control and Prevention, US Dept of Health and Human Services; 2001.

Central Bureau of Statistics. *Statistical Year Book of Nepal 2001*. Kathmandu, Nepal: Central Bureau of Statistics; 2001.

Johnston LD, et al. *Monitoring the Future: National Survey Results on Adolescent Drug Use: Overview of Key Findings*. Bethesda, MD: National Institute on Drug Abuse, US Dept of Health and Human Services; 2003.

Government/organization reports

Siegel J; Administration on Aging. Aging into the 21st century. http://www.aoa.gov/prof/Statistics/future_growth/aging21/aging_21.asp. Published May 31, 1996. Accessed December 6, 2005.

Conference Proceedings (online)

Chu H, Rosenthal M. Search engines for the World Wide Web: a comparative study and evaluation methodology. Paper presented at: American Society for Information Science 1996 Annual Conference; October 19–24, 1996; Baltimore, MD. <http://www.asis.org/annual-96/electronicproceedings/chu.html>. Accessed February 26, 2004.

GUIDELINES FOR MANUSCRIPT SUBMISSION

Typescript and Other Inputs

- Mail 2 hardcopies of the original MS (unpublished and not submitted elsewhere) on our mailing address.

The Managing Editor—*Perinatology*
 Scientific Publications Division
 The Himalaya Drug Company
 Makali, Tumkur Road
 Bengaluru 562162, Karnataka
 India

- Send a softcopy of the MS in Microsoft Word format and the images in the required format.

E-mail: perinatology@himalayawellness.com

- Provide tables in editable format and not as images or screen-shots.
- Send 2 sets of illustrations
 - Provide line art/graphs/figures/photographs in ".eps" or ".ai" format or in a camera-ready form, with redundant areas trimmed.
 - Submit line drawings as photographic prints or high-quality photocopies and all other illustrations as black-and-white photographic prints. Color illustrations can be used if essential to the article.
 - Ensure that the resolution of photographs or their scanned copies is 300 dpi or more.
 - If the subjects in the photographs are identifiable, either mask their eyes or submit a copy of the written permission obtained from them to use the photograph.

- Submit a copy of the written permission obtained from the publishers and authors to reproduce or adapt previously published illustrations.

- Provide complete details of the corresponding author, including address for communication, telephone and fax numbers, and e-mail address.

Postsubmission Process

- An acknowledgment will be sent on receipt of the MS.
- MS will be thoroughly screened and accepted only if it complies with the journal's guidelines.
- If the MS is accepted, an article acceptance letter (AAL) will be sent to the corresponding author.
- Hardcopies of an MS not accepted for publication will not be returned.
- Along with the AAL, 3 forms will be sent. It is mandatory for all authors in the author group to fill and sign these forms and return them to the publisher within the specified time.
 - Copyright Transfer Agreement Form
 - Authorship Criteria and Responsibility, Financial Disclosure, Acknowledgment Form
 - Author Contact Details Form
- The MS will then be edited.
- Editor has the right to make necessary changes in the MS and also to reduce the length of the MS, if required.
- Any queries and clarifications that arise during the editing process will be sent to the corresponding author through e-mail. The corresponding author should reply to this e-mail with responses to all queries within the specified time.
- Print copies of the journal will be sent to the corresponding author free of cost after the issue has been published. No reprints will be sent.

Copying, including or directly quoting from another's work without adequately acknowledging for any gain, benefit, or credit, whether intentionally or unintentionally, is considered plagiarism. It is regarded as a breach of publication ethics and is an academic offence. Follow good writing practices and guidelines issued by organizations such as the Committee on Publication Ethics to avoid plagiarism.